



**1st Annual
Ney Nature Center
Fall Festival Trail Run
Saturday Oct.15, 2011
8:00am
Henderson,MN**

Races/Entry Fees

8k Trail Run (\$20) 8:00am
2 Mile Run/Hike (\$15) 8:05am
1K Kids Dash (\$10) 9:00am

Sponsors

*Evolution Shirts
Henderson Independent
Bittersweet Coffee Shop
LSH Giants Cross Country*

Course

The race is set at the beautiful Ney Nature Center in Henderson, MN. Located on Hwy. 19 just east of Henderson and just west of Hwy. 169 . Course is mostly grass trails with rolling hills through prairie and woods.

T-Shirt

Runners will receive a t-shirt and their race time. No awards will be given. The run is held as part of the Ney Center's Fall Festival and all proceeds from the race will go directly to the Ney Center. **(Limited t-shirts available on race day so register by Oct.8th to ensure t-shirt).**

Registration Form- 2011 Fall Festival Trail Run

Name _____ E-mail _____
Address _____ City _____
State _____ Zip _____ Ph # _____
Race: ____ 8K Trail Run(\$20) ____ 2 Mile/Run Hike(\$15) ____ 1K Kids Dash (\$10)
Sex: M F Age _____ T-shirt size: Adult S M L XL 2XL Child M L

I understand running/walking can be a potentially hazardous activity. I should not enter unless I am medically able and properly trained. I assume any and all risks associated with participating in this event. I waive and release any and all claims against the sponsors of this event, the Ney Center, and any individuals associated with this race.

Signature: _____ (Parent/Guardian if under 18)

**Checks payable to: *Ney Nature Center*
Mail to: Fall Festival Trail Run, c/o Jeff Christ
283 Maple Ridge Drive, Henderson, MN 56044**